



THE HUDSONIAN

THE INDEPENDENT MULTIMEDIA NEWS ORGANIZATION OF HUDSON VALLEY COMMUNITY COLLEGE

EVENTS

TUESDAY || Mar. 10

9:30AM-2:30PM: University at Albany:
Transfer Advisor Visit (CTR 294)

10AM-1PM: Applied Technologies
Open House (Conway Arena)

10AM-2PM: Albany Police Department:
Employer Information Table (CTR Lobby)

10AM-2PM: Russell Sage College:
Transfer Advisor Visit (CTR 290)

10AM-5PM: Discounted Regal Movie
Ticket Sales (CTR 210)

12PM-12:50PM: What is Art For? with
Laudelina Martinez (BTC Auditorium)

12PM-1PM: Let's Taco 'Bout It: Physical
Well-Being (CTR 150)

12PM: Yoga (CTR 270)

WEDNESDAY || Mar. 11

10AM-1PM: Spring Wellness Fair (CTR
Lobby)

10AM-2PM: RPI: Transfer Advisor Visit
(CTR 290)

10AM-3PM: SUNY New Paltz: Transfer
Advisor Visit (CTR 290)

10AM-1PM: SNAP Benefits & Food
Assistance Information Table (CTR
Lobby)

12PM-1PM: Inflation Proof Your Pantry
(CTR 204)

12PM: Live Trivia (CTR Lobby)

2PM-3PM: GEN-1 (Growing, Empow-
ering, Navigating: First Generation)
Meet-up (CTR 204)

THURSDAY || Mar. 5

9:45AM-2:30PM: Siena University:
Transfer Advisor Visit (CTR 290)

10AM-2PM: GirlSummer at Emma
Willard School: Employer Information
Table (CTR Lobby)

The Hudsonian is the student-run newspaper of Hudson Valley Community College, dedicated to informing, engaging, and representing the campus community. We support diversity, inclusion, and accurate representation while encouraging creativity, critical thinking, and responsible journalism. Our mission is to provide a platform for student voices and to report on issues that matter to HVCC with integrity and professionalism.

Bloom & Boom: Albany's Event Calendar Heats Up

Adrianna Booth
Staff Writer

With spring around the corner, Albany's event calendar is starting to heat up. Parades, cultural celebrations, outdoor art events, and flower festivals mark the commemoration of the upcoming season.

The Annual Albany St. Patrick's Day Parade will take place at 2 p.m. on March 14. The parade runs downtown, starting off at Lexington Avenue and Central Avenue. Participants can expect marching bands, floats decorated by various community groups, Irish-American organizations, dance groups, and plenty of green. This is one of the first big events of the season and is expected to draw many people to the city.

First Friday Albany will return this Friday with an after-hours art experience at the Albany Center Gallery at 5 p.m.. Free and open to anyone, the organization hosts events on the first Friday of every month at a collection of different galleries, retailers, and non-profits throughout Albany. Art exhibitions, live music, and the opportunity to explore some downtown spaces they may not usually visit, makes it

perfect for students interested in the arts looking for a low-cost night out.

Looking ahead, one of Albany's most popular events of the spring season is returning: the Albany Tulip Festival, taking place over Mother's Day weekend, May 9 and 10, at Washington Park.



Hudson Valley Magazine

This free event is a two-day celebration of tulips in bloom, high-

lighting the city's Dutch heritage. Along with flowers, the event offers music, food vendors, and family friendly activities.

Also in May, the St. Sophia Greek Orthodox Church will be holding its annual Greek Festival from May 16 to 18, with traditional food, music, dancing, and cultural demonstrations that will give people a taste of community traditions.

These types of events celebrate the cultural diversity within the Capital Region and give attendees the chance to experience new traditions.

Many of these activities are free or low-cost and are great options for students who want to venture out and enjoy the weather as temperatures rise.

To learn more about events in Albany, please visit: www.albanyevents.org

The City of Albany, NY Office of Cultural Affairs plans, produces and co-sponsors an array of fairs, festivals, and concerts promoting art, entertainment and cultural interest for all ages. These special events are 100% underwritten by generous local and national sponsors.

HVCC Faculty to Incorporate AI Into Curriculum With Ualbanay Partnership

Isabelle Holt
Editor-in-Chief

The University at Albany will partner with SUNY Oneonta, SUNY Cobleskill, and Hudson Valley Community College to strengthen their AI teaching and continue research across the region. This is a part of the new Empire AI campus partnerships. These partnerships were announced by Gov. Kathy Hochul, with the goal of prioritizing opportunities for students and faculty to advance research around artificial intelligence and education for the public good.

The campus partnerships build on UAlbany's already existing AI Plus initiative, and the recent launch of the AI & Society College and AI & Society Research Center, which aim to infuse teaching and learning about AI across multiple disciplines. There is also a goal of examining the effect on societal, ethical, and policy challenges. Together, these efforts should ensure that students are prepared to be in a world that is increasingly shaped by AI.

"Students on every SUNY campus deserve the opportunity to learn about and understand how AI will impact their lives," said Carol H. Kim, UAlbany's provost and senior vice

president for academic affairs. "These new Empire AI campus partnerships give UAlbany the opportunity to share its expertise in the many ways AI is changing our lives while also gaining new insights from colleagues at other SUNY campuses. This program showcases the best of what a university system as large and diverse as SUNY can be while dramatically broadening the positive impact of Gov. Hochul's landmark investments in AI research, development and teaching."

Through these AI campus partnerships, several coordinated initiatives will be launched, including: AI Preparedness Academy and Faculty Learning Community; "AI for Good" Challenge; AI Plus Collaborative Research Experience (CORE); and Visiting/Affiliated Faculty Program.

The AI Preparedness Academy and Faculty Learning Community is a collaborative initiative that is designed to build institutional capacity for AI, by choosing to equip faculty with the tools and critical frameworks to be able to teach about and also with AI.

"AI for Good" Challenge will be an annual cross-campus hackathon bringing together interdisciplinary teams of students and faculty to devel-



University at Albany

-op AI-powered solutions to real-world community challenges.

AI Plus Collaborative Research Experience (CORE) will be a hands on research and mentorship program connecting undergraduate students, graduate assistants and faculty in cross campus teams, culminating in a Summer Research Intensive hosted by UAlbany.

The Visiting/Affiliated Faculty Program will be a collaborative effort supporting faculty in co-developing AI infused microcredentials, courses and instructional materials, expanding interdisciplinary learning opportunities for students across institutions.

News

Mr. Bumbles Cafe Expands to Downtown Albany

Lisa Grandy
Staff Writer

Downtown Albany is about to get a bit brighter with the arrival of Mr. Bumbles Cafe. Founded and operated by owner Brandon Doran, the popular eatery is expanding from its original New Scotland Avenue roots to a prime new location in the lobby of 677 Broadway.



Logo, Mr. Bumbles Cafe

Set to open its doors on April 1st, the new cafe will operate Monday through Friday, from 7:00 a.m. to 3:00 p.m. The expansion doesn't stop there- Mr. Bumbles is also eyeing a move into the heart of Troy, with a third location slated for late 2026 or early 2027.

The cafe's menu focuses on fresh breakfast and light lunch options. Recognizing the fast-paced nature of the downtown business district, Doran plans to implement a streamlined "on-the-go" ordering system, which is perfect for students and professionals looking for a quick caffeine fix or a reliable meal before heading to work or class.



Mr. Bumbles Cafe, Times Union

With a solid 4-star reputation and a successful track record at its flagship location, Mr. Bumbles arrives at 677 Broadway with a five year lease and plenty of momentum. As a standout among New York's small businesses, this expansion is a win for the local economy.

Visiting the new cafe is a great chance to try a new menu, but more importantly, it's an opportunity to support the small business ecosystem that keeps the Capital Region and Troy vibrant.

More information about Mr. Bumbles Cafe, online ordering, and updates are all available on: <https://mrbumblescafe.toast.site/>

National Grid Announces 2026 Scholarships for HVCC Students

Lindsay Powers
Staff Writer

National Grid is accepting applications for two scholarships until March 31, 2026 the Electrical Construction Scholarship (ECS) and the Charging Our Future Scholarship (COFS). The scholarships target students pursuing energy-related careers such as electrical engineering, overhead line work, and electrical construction, and the 20 winners will be announced later this year in June.

The ECS will be awarded to 10 HVCC students in either the Electrical Construction Maintenance associate's program or the Overhead Electric Line Worker certificate program. Selection is based on financial need, work experience, leadership, and an essay outlining career goals. The scholarship can be used for tuition, fees, books, \$600 for required equipment, and an experienced one-to-one mentor from National Grid who can provide academic and career guidance.

According to Matt Barnett, the Chief of Electric Operations for National Grid of New York, "Building the energy system of the future starts with investing in the people who will design, maintain, and power it," Barnett explained, "These scholarships help remove financial barriers while creating real-world pathways into careers that are critical to our region's economic growth and clean energy transition. Our continued partnership with HVCC is an investment in

the next generation of line workers and electrical technicians who will serve communities across New York".

The COFS will also be awarded to 10 students, but they must be residents and students of either New York or Massachusetts. Students may reside in one state and attend college in the other. Applicants must be pursuing a bachelor's degree in engineering and be willing to



National Grid

commute within National Grid's service industry if they reside outside of it.

Recipients will receive \$10,000 in funding and a paid summer internship.

Natasha Deschene, the Vice President of Electric Asset Management for National Grid NY, said, "The Charging our Future Scholarship combines financial support with the hands-on experience essential for preparing students for careers in a rapidly evolving energy landscape." Deschene added that the paid internship gives students real-life experience to apply the skills they've learned in a classroom setting.

Interested students can find more information and application details on National Grid's website: www.nationalgridus.com

Applications for these scholarships must be submitted by March 31st at 11:59PM.

About National Grid: "National Grid (NYSE: NGG) delivers electricity and natural gas to more than 20 million people across New York and Massachusetts. We're committed to meeting our customers' energy needs and supporting economic growth across the regions we serve—providing safe, reliable energy today and building the resilient networks of the future. National Grid Ventures, our commercial business, develops and operates infrastructure that delivers affordable and reliable energy to consumers. National Grid Partners, our corporate investment and innovation arm, invests in and collaborates with technology companies that are transforming the energy sector and accelerating industry-wide innovation."

Student Resources: Using the Counseling Center

Elena Nino
Staff Writer

Anxiety about the future, deadlines, or dealing with personal struggles? Hudson Valley Community College offers free counseling to help students with school stress and the pressures of everyday life. The counseling center serves as a confidential resource students can use to better their mental health and overall success. The counseling center is located in the Siek Campus Center room 270.



Sara Donnelly, Director

"The counseling center's main focus is for students to be able to be successful academically, but that starts

with mental health." Sara Donnelly the program director said.

HVCC now has an app students can download to any smart device that's called Boost.

The app is designed to support students' well being, by tracking their moods, building healthy daily habits, and giving them tools to manage stress.

Boost offers students a convenient way to take control over their mental health. The app is available to any HVCC student regardless if they are being seen by a counselor.

In room 270 you'll find designated quiet spaces that include study areas and relaxation rooms for students. The staff members in the counseling center are licensed mental health counselors. In addition to in person counseling they also offer virtual sessions for students.

"I feel like I have such a good support system now, and I'm excited for my next semester." said a sophomore who receives counseling. The counseling center became a turning point in her college experience. She said that going to counseling sessions helped her learn healthier coping strategies. Now she's more confident and has better control over her mental health.



Siek, Room 270 (Wellness Center)

Students looking for support at the counseling center at HVCC can begin by making an-line, email, phone number or even just walking in during office hours. Once the initial step is made, students go through an intake session, where a licensed mental health counselor will assess their needs, this helps determine the course of action. The center helps students by giving them short term, goal orientated support that may help them be a successful student. Students requiring long term support will have the help and resources to continue to receive care after HVCC.

Students looking for more information can visit: hvcc.edu

Reasons for Optimism: A Week of Global Good News

Shia Lang
Photo Editor

In an era of relentless breaking news, it is easy to feel overwhelmed by a cycle of crisis and conflict. When the headlines lean toward the heavy, we can lose sight of the quiet progress and profound kindness happening in the background. However, shifting our focus toward stories of innovation and community can restore our perspective and provide the motivation needed to move forward.

Here is a look at six stories from early March that remind us of the resilience of the human spirit and the progress of our world.

March 1: In a moving display of community support, nearly 50 strangers organized a surprise classic car show for a man in the final stages of a battle with cancer. After his granddaughter reached out on social media hoping for a small gesture, the massive turnout allowed him to witness his lifelong passion one last time, surrounded by a community that ral-

lied to honor him.

March 2: Researchers at Stanford University announced a significant milestone in the fight against Type 1 diabetes. By successfully treating the condition in mice without the use of insulin or traditional immune suppression, the team has opened a promising new door for translating these results to human healthcare.

March 3: More than three decades after the end of its civil war, Croatia has officially been declared free of landmines. This monumental safety achievement involved the removal of approximately 107,000 mines and 407,000 pieces of unexploded ordnance, marking a new era of security for the nation's citizens.

March 4: Conservation efforts in Central Asia are showing remarkable results. New camera trap data from western Turkmenistan suggests a thriving population of 60 to 80 Persian leopards in the region's nature reserves. Once critically endangered, these majestic cats are making a significant comeback thanks to rein-



Scanning for land minds, Reuters

-forced protection laws.

March 5: After serving 14 years in prison, Joe Richardson transitioned back into society with a mission. Inspired by an idea he had while incarcerated, Richardson launched a mobile laundromat service. Today, he spends his time providing free laundry services to those experiencing homelessness, proving that it is never too late to reinvent one's life through service.

March 6: In a heart wrenching scene, a group of snowmobilers discovered a young moose buried up to her

neck in deep snow. After a 20-minute rescue effort to dig her out, the group remained with the animal to ensure she had recovered. In a rare moment of connection, the moose remained calm and docile, seemingly sensing the help of her rescuers before returning to the wild.

These stories serve as a vital reminder that while "breaking news" often focuses on the breaking of our world, there is an equally powerful force working to mend it.

Does Fear of Aging Actually Speed up the Aging Process?

Aisha Mustafa
Staff Writer

It has long been known that stress has much more than just a psychological effect on the body. Short term stress is linked to norepinephrine and epinephrine released from the adrenal medulla while long-term stress is linked to cortisol secreted by the adrenal cortex. This can cause chronic inflammation, cardiovascular strain, and metabolic dysfunction; all of which may have long-term effects on physiological processes including aging.

A recent cross-sectional study from New York University published in *Psychoneuroendocrinology* seeks to examine the relationship between aging anxiety and biological aging. Researchers collected data from 726

women with a mean age of 60. Stressors were split into the following distinct categories: declining attractiveness, declining health, and declining reproductivity. In order to measure aging, scientists examined two biological clock systems. The first of these is GrimAge2, a DNA methylation profile predicting the levels of plasma proteins associated with mortality risk. Higher amounts of risk-associated plasma proteins are representative of greater mortality risk. Secondly, DunedinPACE also follows DNA methylation patterns providing information on the current rate of aging. A DunedinPACE rate coefficient of 1.0 represents aging at the expected rate, while a value of greater than one implies faster aging and vice versa.

Two-tailed hypothesis tests

were run to determine the statistical significance of the results across three different models, each one controlling for more potentially confounding or mediating variables.

The strongest relationship was between health anxiety and DunedinPACE, while attractiveness anxiety was not significantly correlated to aging in any model. Researchers think that this may be because health anxiety stays prevalent, while vanity concerns often decline with age.

The aforementioned relationship between health anxiety and aging remained significant, but weakened when health conditions were controlled for in model two.

However, after controlling for health habits in model three, the relationship was no longer statistically sig-

nificant.

Conclusively, these results imply that health habits, such as smoking, could either be confounding variables that disrupt the relationship between anxiety and aging, or they could be mediating variables that affect the strength of the relationship such that greater anxiety leads to greater risk of unhealthy habits.

Additionally, since this is a cross-sectional study, reverse causality is possible and a causal relationship cannot be inferred.

More information regarding this study can be found at: nyu.edu

Below: Technology Networks



Politics

The Iranian Armed Conflict Continues

Lindsay Powers
Staff Writer

The Iranian Armed Conflict that began on February 28th after Israel and the USA bombed Tehran and Beirut, has entered its seventh day. The Tehran and Beirut bombings have resulted in the deaths of more than twelve hundred people, including Iran's Supreme Leader, Ayatollah Ali Khamenei.



Aftermath in Iran, Al Jazeera

Hezbollah launched a retaliatory attack for the death of Khamenei

on an Israeli military base in Haifa on March 2, 2026. The following day, the US launched its first torpedo against an enemy vessel since World War II, destroying the Iranian Frigate IRIS Dena. According to the Department of Defense, M48 Torpedoes costs \$4.2 million per unit.

Global airlines canceled over eleven thousand flights due to airspace restrictions stemming from the escalating armed conflict. Secretary of Defense Pete Hegseth stated the goal for this armed conflict is to dismantle Iran's missile programs, destroy its navy assets, and cut off funding to Iran's proxies. Benjamin Netanyahu, Prime Minister of Israel, states that their goal is to remove "external threats" posed by Iran.

According to Kent Smetters, Director of the Penn Wharton Budget Model, the Iranian armed conflict is estimated to cost between \$40 billion and \$65 billion. President Trump was able to initiate this armed conflict by claiming Iran's advanced nuclear programs posed an imminent threat to the US.

Critics, such as Senator Mark Warner, stated he saw "no intelligence" supporting that Iran was on the verge of a strike against the US.

While the death toll rises, so do US debt, gas prices, oil prices, and inflation. Students can expect to feel the fiscal impact through rising living costs, higher transportation costs, and higher food and other necessities costs. The Iranian military has continued to spread its attacks not only to US military bases, but also to American allies.



Trump in Iran, Center for American Progress

Economic Impact and Global Disruption The fiscal and social consequences of the conflict are already being felt globally:

Aviation: Over 11,000 commercial flights have been canceled due to airspace restrictions, and the U.S. Embassy in Riyadh has urged all Americans to evacuate the region.

Markets: The U.S. Stock Market has seen significant volatility, with the Dow experiencing losses of up to 500 points.

Energy and Inflation: As the death toll rises, so do the prices of gas and oil, contributing to a sharp increase in national inflation.

The Cost of War: Kent Smetters, Director of the Penn Wharton Budget Model, estimates the conflict's cost between \$40 billion and \$65 billion, with the potential to climb to \$95 billion.

Economics

U.S. Economy Sheds Jobs and Oil Prices Surge Amid Economic Uncertainty

Fallon Greenaway
Staff Writer

The U.S. labor market took a serious hit on Friday as the Labor Department reported the economy shed 92,000 jobs in February, which was well below economists' forecast of 55,000 jobs added.

The unemployment rate rose to 4.4%, and February marked the third time in five months that payrolls declined.

These losses were widespread across various sectors; health care, one of the strongest job sectors in recent years, lost 28,000 jobs largely due to a Kaiser Permanente strike, sidelining over 30,000 workers in Hawaii and California.

Manufacturing lost 12,000 jobs despite tariffs meant to encourage domestic work, and federal government employment fell by 10,000.

And while some blame temporary factors like winter storms and the healthcare strike, economists are not dismissing the broader trend of a cooling economy.

Adding to concerns, the conflict with Iran is shaking global energy markets. Iran has halted the export of millions of barrels of oil since the conflict began, driving crude oil prices higher.

This shortage, particularly of petroleum, could cause a significant uptick in global inflation at an already fragile moment for the economy.

It is important to keep in mind,

however, that major geopolitical events such as these often have very few lasting negative effects on the broader market.

Carson Group's Chief Market Strategist Ryan Detrick gathered data as far back as 1940 and found that 65% of the time, the S&P 500 rose an average of 3% in the months following a major event.

Despite the volatility, the Federal Reserve meets March 17-18, and most expect rates to hold steady... for

now.

Key points for readers:

Labor Market Contraction: The U.S. economy unexpectedly shed 92,000 jobs in February, a sharp contrast to the forecasted gain of 55,000.

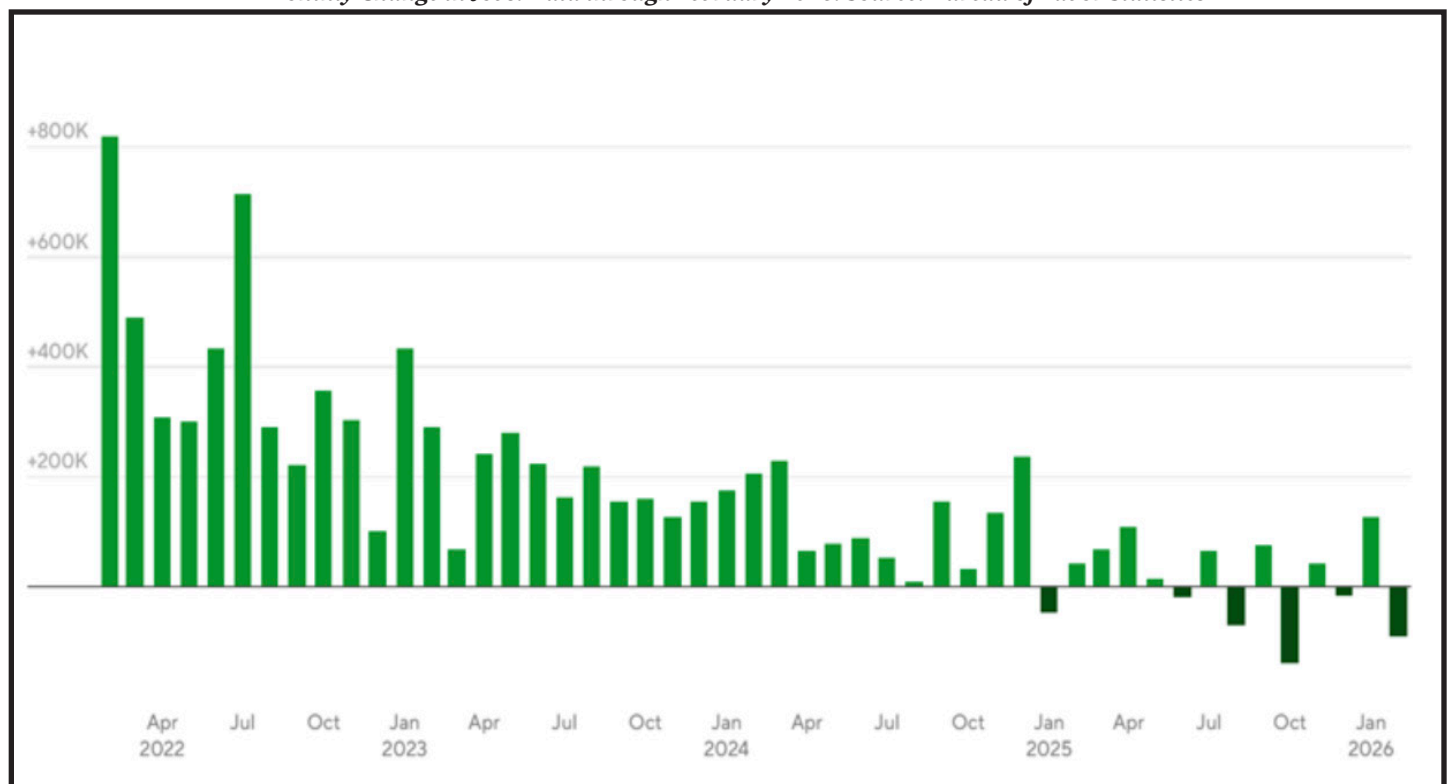
Rising Unemployment: The national unemployment rate climbed to 4.4%, marking the third payroll decline in the last five months.

Sector-Specific Losses: Job cuts were widespread, notably hitting health care (28,000), manufacturing (12,000), and the federal government (10,000).

Strike Impact: The health care decline was largely driven by a Kaiser Permanente strike, which affected over 30,000 workers across California and Hawaii.

Energy Crisis: The ongoing conflict with Iran has disrupted oil exports, driving up crude prices.

Monthly Change in Jobs. Data through February 2026. Source: Bureau of Labor Statistics



Arts & Life

Celebrating Favorite Female Fashion Icons This Month!

Olivia William
Staff Writer

March is Women's History Month. It invites us to honor the women in our lives and around the world. I wanted to highlight my top 3 female fashion icons this month. Each one is unique and stands at the intersection of art, politics, and cultural transformation. Reshaping the visual language of womanhood in their era.

Up first is Grace Jones. She emerged in the late 1970s and early 1980s. This was a period defined by disco's decadence and the rise of avant-garde club culture. Her collaboration with photographer Jean-Paul Goude and designers like Issey Miyake and Azzedine Alaïa produced some of the most iconic images of the 20th century. Historically, Jones's androgyny challenged Western beauty norms at a time when fashion was still rigidly gendered. Her sharply tailored suits, geometric hairstyles, and sculptural stage costumes aligned her with the era's artistic movements postmodernism, Afrofuturism, and the New York underground cementing her as a cultural disruptor.

Meanwhile in India, Rekha was redefining glamour on her own terms. Rising to prominence in the 1970s, she transformed from a young actress navigating Bollywood's beauty standards into a symbol of self-fashioned elegance. She embraces the traditional textiles espe-

cially Kanjivaram silk. This was historically significant, at a time when Western silhouettes were flooding Indian cinema, Rekha elevated indigenous craftsmanship to red-carpet prestige. Her kohl-rimmed eyes, deep berry lips, and gold jewelry created a visual continuity between classical Indian aesthetics and modern celebrity culture. Making her a global ambassador of South Asian style.

Finally, Vivienne Westwood. She built her legacy through rebellion.

Emerging from 1970s London punk, she used fashion as a historical and political critique. Her corsets referenced 18th-century dress, her tartans challenged British nationalism, and her deconstruction anticipated post-modern design. She also created one of the most iconic pieces of jewelry, the orb necklace. Her work is so widely recognized that authors like Ai Yawaza include character designs to wear this brand. Westwood didn't just participate in fashion history, she rewrote

it by insisting that clothing could be both anarchic and scholarly.

All of these women have left lasting impacts in their respective communities and it's important to celebrate their works. Together, these women remind us that fashion's most enduring icons are those who understand its power to shape culture and identities. So this month celebrate all the important women in your life. Happy women's history month!

Art by Olivia William



The Hudsonian

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Letters can be delivered to CTR 291 or emailed to hudsonian@hvcc.edu. Letters will be edited for grammar, style, libel and length.

To join The Hudsonian, attend our weekly meetings on Mondays at 2 p.m. in ADM 105 and by appointment, drop by CTR 291 (Hudsonian Newsroom).

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\$25- Articles >250 words

\$10- Articles <250 words

\$10- Photo / artwork

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Boost your resume, better our campus, make your voice heard.

Opinions

Issue

81.15

March 10, 2026

Year 81, Issue 15

Values for Vikings: Time is Money

Molly Graiff
Staff Writer

HVCC has many support services that are free to all students! One center you may want to check out is the Center for Academic Engagement (CAE). Located in the lower level of the Marvin Library, the CAE works with students on practical time management skills.

The CAE offers academic coaching for students to find the time to get their assignments and responsibilities done. The CAE addresses areas of stress for students both inside and outside of

the classroom. This is an incredible value for vikings as this coaching service is completely free. This is a service that all students can benefit from as time management skills are essential for success beyond HVCC.

Study skills are useful, especially during midterms and finals. The CAE can help you find your rhythm for effective studying. Since the CAE is located inside of the library, you could always book a study room following your appointment to start on your coursework. CAE appointments can be made

by visiting the HVCC website under the Center for Academic Engagement section. Sessions are 30 minutes long and with 4 academic coaches available, you can choose an appointment that best works with your schedule. The earliest appointment is at 9am and the last is 3:30pm.

Appointments can be made in the form of in-person support as well as a Zoom meeting. Make an appointment today!

Wuthering Heights Movie Review

Rebecca Church
Staff Writer

I am of the standpoint that in order to fully enjoy a movie adaptation of a book, one must watch the movie before reading the book. As a book lover, I desperately wanted to read Emily Brontë's Wuthering Heights before viewing the movie, but I did not get around to it. Thus, reading other critic reviews assured me of my correct choice in waiting to read the novel.

Wuthering Heights is a movie you absolutely have to see in theaters, though it might leave soon. A dark/Gothic romance, the film follows Cathy Earnshaw of the middle-class Earnshaws, and Heathcliff, a boy fostered by the Earnshaws growing up together. Subtle

romance blossoms, but Cathy becomes entangled with the handsomely rich Mr. Linton, suppressing her heart's true desires. The lustful and revenge-driven plot perfectly escalates against the gloomy West Yorkshire moors. I laughed, cried, and was a bit repulsed, yet nevertheless had fun sharing "omg" looks with my friend, not knowing what the next scene would bring.

Enchanting, immersive, erotic, and a bit haunting, Wuthering Heights entranced me from beginning to end. Firstly, the cast was great (and the soundtrack!). Objectively speaking, both Margot Robbie and Jacob Elordi are pleasant-looking people. It was odd to see Jacob Elordi going from Noah of The Kissing Booth to Heathcliff of a literary classic. I think the role actu-

ally suited him, though. Plus, he has really transformed into this generation's heartthrob (in my opinion). One complaint I do have of his post-beard appearance is the somewhat "emo" vibe he had. Not that I have anything against emos, but I definitely preferred him with the beard. Secondly, not to sound cliché or cheesy, but the film was overall extremely captivating. I had a gist of how the movie ended in tragedy or doomed heartbreak, but that did not stop the tears from streaming down my face. Listen, no judgement here, okay? The ending just hit hard. Cathy and Heathcliff's actions were both wretched in their own ways, yet the romance... The romance! I am a romantic at heart, so, of course, the conclusion was devastating. The love story is certainly not justifiable through their behavior, but it is powerful, passionate, and possessive. I don't want to get into spoilers, but viewers basically know what they're getting themselves into based on the previews. I will say that there are a lot of disturbing elements and sexual scenes but no nudity.

Lastly, there's just something about a movie that makes you feel something—anything. I feel like movies seen in theaters especially evoke strong emotions. Wuthering Heights was all kinds of tragic, chaotic, and intense, and I loved it (even though peer reviews were mixed!)

Potential Trigger Warnings: Sexual abuse (little to moderate), racism (little), hanging, violence, death, etc.

Wuthering Heights, Warner Bros.



Bruno Mars: The Romantic

Richard Anthony Jr.
Staff Writer

Artist Bruno Mars recently released his long anticipated album 'The Romantic' and after listening to it for a few times it just felt stale... It's been 5 years since the last album 'An Evening With Silk Sonic' and I felt that this new album is lacking the soul that made his past albums so great in the first place.

He repeats lyrics from older songs, and other songs lack the sort of feeling Bruno Mars is known for. This isn't to say the album is bad, it's not bad, it's just not the same as his previous releases. It's much more safe...

Bruno is known for his vocals, his lyrics and his strong instrumentals

but there's in this album points where one or two of these are missing or lacking in their volume. Could the long period of time from the last release place a part? Possible. Could it get better with more and more time? Maybe. But as it is now when older albums had songs where almost all of them were bangers this one scales a little lower. While I do appreciate the addition of latin influences and instrumentals, like in the song 'cha cha cha', 'risk it all' and even the album cover I didn't feel like it was enough.

Should you listen to this album? Yeah go for it! It may not be one of my favorite Bruno Mars albums but there's some good songs sprinkled through, each with their own messag-

While I might not like it as much when compared to his past works, that doesn't mean there's not great or even okay sounds. We each have our own opinions however, so go support Bruno by listening to the album on spotify, pandora, apple music, or wherever you use to listen to music.

Bruno Mars, Consequence



Sports

T20 World Cup Campaign

Zeshan Khan
Staff Writer

All of Pakistan's Squad members from the T20 world cup have been fined 5 million PKR which is \$18,000 in US because of their underwhelming campaign. Pakistan have been officially eliminated from the tournament following the super Eight stage, missing out on the semi-finals of an ICC men's event for the fourth successive time which is the first time in Pakistan's history.

ESPN have learnt that the fines are not for Disciplinary reasons but for their board deems poor performance at the event, They were imposed immediately after the loss against India in the group stages, where a meek showing resulted in a 61-run defeat. They were further told the fines may end up being forgiven or waved off if Pakistan could reach the tournament in the semi-finals.



Pakistan did make it to the second round, thus avoiding a third straight first-round exit, but ran into trouble in the super Eight group after a washout

against New Zealand was followed by defeat to England. New Zealand snuck into the last four by crushing win over Sri Lanka which left them relying on

results and huge victory, but their win against Sri Lanka was much too narrow to prevent an early exit.

The PCB have been strict on the players in the past, though they believe that it was generally for disciplinary reasons but ESPN has learned that there were no disciplinary issues within the team throughout the tournament, and the fines were mostly because of their poor performances on the field.

While everyone on the team will be fined, there were players who enjoyed their individual success at the tournament like Sahibzada Farhan broke the record for most runs at the T20 World Cup, and became the only player to score two hundreds at the same event.

Pakistan Squad, NDTV Sports

Barca vs Atletico Remontada failure

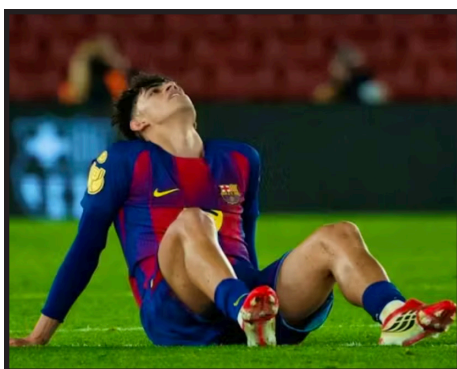
Rhyme Anwar
Sports Editor

Atletico Madrid ended up victorious in the 2-leg match against Barcelona to the final spot for Copa Del Rey (Spanish Regional Cup) after obliterating the Catalonian team 4-0 in the first leg on Feb 12, 2026.

Many culers were looking forward to a remontada being done by the Barca team as they are known for being able to come back from a big deficit of goals in their past important games such as when Barca won against PSG 6-1 on March 8, 2017 after being down by 4 goals in the prior leg match.

Leg 2 started with Barcelona going full offense against Atletico. Marc

Bernal scored two goals and Ralphina was able to convert a penalty but it ended up not being enough as they would have needed two more goals anyways to be able to secure the win. Now, Atletico faces Real Sociedad on April 8, 2026 for the Spanish cup.



Laila Edwards: Women's Olympic Hockey

Lindsay Powers
Staff Writer

Laila Edwards, a 22-year-old hockey player from the University of Wisconsin, was named to the USA Olympic team in January, before going on to win gold for the USA Women's Olympic Hockey team. Edwards is the first female black hockey player on the

USA Olympic team, and the first female black hockey player to win a gold Olympic medal for Team USA.

"It really hasn't sunk in yet," Edwards told the Associated Press in January, prior to the Olympic Games. Edwards made her national debut at 19 when she was named to the USA national hockey team, becoming the first

black female hockey player to play for the women's national team. Edward's accomplishments don't stop there.

At twenty-two years old, she has 160 career goals, is a two way player, or a player who can play both offense and defense, helped the national team win its 11th title in April 2024, and was named MVP at the women's hock-

-ey world championships when she was twenty.

At three years old, Edwards began learning to skate and switched from figure skating to hockey at age ten. In the 24-25 season, she placed 6th in the nation in scoring, was a top-3 finalist for the Patty Kazmaier Award (the best player in women's hockey), and averaged 1.71 points per game. Edwards said, "I always had dreams of playing in the pros, but the biggest dream was to go to the Olympics".

At the 2026 Olympics, Edwards played as a defender, scored 2 goals, and had 6 assists.



Pi Day

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1. Circle 2. Circumference 3. Constant 4. Decimal 5. Diameter 6. Digits 7. Formula 8. Four 9. Geometry
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