

# THE HUDSONIAN

THE INDEPENDENT MULTIMEDIA NEWS ORGANIZATION OF HUDSON VALLEY COMMUNITY COLLEGE

## EVENTS

### TUESDAY || Sept. 23

10AM-2PM: Berkshire County Sheriff Office Employer Table (CTR Lobby)

10AM-5PM: Discounted Movie Tickets (CTR 210)

12PM-1PM: Parfait Bar + Cooking Hacks (CTR 204)

4:30PM: Board of Trustees Meetings (Guenther 148)

6PM: Women's Volleyball vs Mohawk Valley Community College (Away)

### WEDNESDAY || Sept. 24

10AM-2PM: Capital District YMCA: Employer Table

10AM-2PM: CDTA: Employer Information table (Williams Hall, Cafeteria)

10:30AM-2PM: Siena Transfer Information Table (CTR Lobby)

11:30AM: Pizza Time (CTR Lobby)

12PM-2PM: Club Fair (CTR Lobby)

2PM: Entrepreneurs Club Meeting (ADM 103)

4PM: Men's Soccer vs Fulton-Montgomery Community College (Away)

### THURSDAY || Sept. 25

9:30AM-2:30PM: Siena Transfer Advisory Visit (CTR 290)

1PM-2PM: Theatre Club Meeting (Maureen Sapleton Theatre)

2PM-4PM: Pride Alliance Club Meeting (ADM 107)

3PM-4PM: Artist Discussion with Matt Chinian (BTC Auditorium)

### Want to submit an event?

Contact  
Hudsonian@hvcc.edu

Promotional graphics also available on request!

The perfect Apartment pet!  
PG.3



School Bus Camera Program PG.2



## VIKING CUPBOARD FOOD PANTRY

*From Hallways to Homes: Pantry Extends School's Care*

**D. Esposito**  
Staff Writer

Did you know we have a very accessible food pantry right on campus?



The Viking Cupboard Food Pantry is located in the Student Activities Office (CTR-210). All current students are welcome to use the pantry, just remember to bring your Hudson Valley student ID with you. The Viking Cupboard is open for donations and general use, Monday to Friday from 9:00am to 5:00pm.

Donations are appreciated! The food pantry is always looking for donations of non-perishable foods, such as pasta, sauce, ramen, canned tuna/chicken, crackers, and other pantry snacks. The pantry also takes donations of baby formula, diapers, and other hygiene products. The Viking Cupboard is also always looking for plastic bags so goods can be packed into bags for the students in need.

Feel free to contact the Student Activities Office with any questions about donations, personal needs, or any other general questions. They can be reached at (518)-629-7348 or by email at studentactivities@hvcc.edu.

-D. Esposito

## 6 Million Pounds of Compost Given to NYC Gardeners in 2025 in Ongoing Organic Waste Collection

**Clark Crouse**  
Web Designer

In many cities across the country, garbage and other forms of waste are sent to landfills to decompose, resulting in methane emissions that can harm the natural environment and the Earth's atmosphere. The Deputy Commissioner for Solid Waste Management at the New York City Department of Sanitation, Jennifer McDonnell, believes that there is something more valuable in this natural waste and refers to it as "black gold." This black gold is transformed into compost that can be used in many public buildings and parks throughout New York State. Organic garbage and waste are transferred to the Staten Island Compost Facility, where they can process up to two hundred and fifty tons of organic waste. When the waste is transferred, it is torn apart,

evaluated, and transported to aerated static pile bunkers. These aerated static pile bunkers can reach temperatures of over one hundred degrees Fahrenheit, which can eliminate any remaining weeds or bacteria that can harm the compost. After a few weeks of composting, the compost forms a nutrient-rich soil. So far, the program has given out a whopping six million pounds of free compost to New York City residents and public buildings. "If we want to take a bite out of the climate crisis, we've got to get our food scraps out of landfills and into composting," said Eric Goldstein, who is the New York City Environment Director. The program is currently paused at the moment, but is expected to return to full capacity at the start of 2026.



*"We're making this awesome compost that we can use throughout the city to improve city health" -Deputy Com-*

# NEWS

Editor-in-Chief Isabelle Holt  
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## Homocide Reported in Cohoes Police Search for Answers

Izzie Holt  
Editor In Chief

Amanda Rodriguez, a 41 year old female, was found dead inside of her home in Cohoes on 9/14. After an autopsy, it was revealed that she was stabbed to death.

The main suspect is her boyfriend, Anthony Bechand, a 53 year old male. A manhunt is underway as police search for him, with his car being found approximately 50 miles south of the Canadian border in the town of Brighton.

Her coworkers and friends have described their relationship as "toxic" and recalled them frequently fighting and things getting physical.

Rodriguez was described as a bright, resilient individual. Her death leaves a deep impact on her family and friends, especially taking into consideration how brutal and unexpected it was.

New York State Police continue their search efforts for Bechand, hoping to find him in the deeply wooded area where his vehicle was left.

## BillBoard Top 10

Darien Esposito  
Staff Writer

1. Golden HUNTR/X
2. Ordinary Alex Warren
3. ManChild Sabrina Carpenter
4. Your Idol Saja Boys
5. Soda Pop Saja Boys
6. Tears Sabrina Carpenter
7. What I Want Morgan Wallen ft. Tate McRae
8. How it's done HUNTR/X
9. Love Me Not Ravyn Lenae
10. Daisies Justin Bieber

## Albany Launches School Bus Camera Program

New safety initiative targets drivers who do not stop For Buses

Clark Crouse  
Web Designer

A new safety initiative was launched in the City District of Albany in order to keep students safe while being transported. This initiative equips all school buses in the Albany district with an artificial intelligence powered camera that automatically detects and reports drivers that illegally pass a school bus while it is stopped. According to New York State data, an estimated 50,000 drivers recklessly pass a school bus while it is stopped per day, putting students at risk of injury.

According to Superintendent Joseph Hochreiter, ninety-four percent of first-time offenders reported by the camera do not receive another violation. This surprising statistic suggests that this initiative is working, and should be implemented to more districts statewide. Nearby districts, including Rensselaer, Glenville, and Schenectady are taking no-

tice and partnering with BusPatrol, the company that manufactures these cameras. The first violation, until October 20th, 2025, will be a written warning. After this grace period, there will be a \$250 fine.



## Lawsuit Filed Against Albany Medical Center After the Death

D. Esposito  
Staff Writer

This past week, a distraught Shama-ya Jackson filed a lawsuit against Albany Medical Center for the death of her one month old daughter, Milani. The mother claims that her daughters' death was 'entirely avoidable', and the hospital could have and should have done more to help her daughter while she was admitted.

Milani was originally admitted to the hospital for a common cold and was discharged the next day. This was on April 26th. On April 27th, Shamaya Jackson brought her daughter back to the emergency room at Albany Medical Center for worsening congestion. Milani ended up being admitted to the Pediatric Intensive Care Unit, or the PICU, and being placed on a ventilator

to help her breathe. Shamaya was told by doctors that she was placed on a ventilator because of a collapsed lung. Doctors also told her that Milani's heart was under-filling. Sadly, Milani passed away on April 28th.

Amid this real life horror story, Shamaya found out that her daughters' blood tests had previously come back positive for both Methicillin-resistant Staphylococcus aureus, or MRSA, and E. coli. Both are bacterial blood infections that can be detrimental for newborns. Shamaya insists that her daughter contracted the blood infections at the hospital. Unaware of why she was never told that her daughter had contracted these infections, Shamaya is now filing the lawsuit as she believes the hospital could have done more to save her baby.

In a press statement, a representative from Albany Medical Center stated that they were unable to comment on the matter as it conflicted with patient confidentiality. Albany Medical Center is the sole children's hospital in the region and they, and their team of specialists are highly trained, always keeping quality care and patient safety at the top of their priority list.

D. Esposito



## Financial Foundations

The Safety Net: How to Build an Emergency Fund (Even on a Student Budget)

Fallon Greenaway  
Guest Contributor

Life has a way of throwing curveballs. Your car breaks down, your laptop crashes the night before an exam, or you suddenly lose a shift at work. These moments are stressful enough on their own, without the added panic of not knowing how you'll pay for them. That's where an emergency fund comes in.

An emergency fund is basically a safety net for the unexpected. It's money set aside, not for spring break or new sneakers, but for the surprises you can't predict. Even a small cushion can make the

difference between a setback and a full-blown crisis.

The challenge, of course, is saving on a student budget. But here's the good news: you don't need to set aside thousands overnight. The key is to start small and stay consistent.

### Practical tips that work:

- Automate it. Set up a transfer from your checking account to a savings account on payday( even if it's just \$20). If you never see the money, you won't miss it.
- Use a separate account. Keep your emergency fund out of sight so you're less tempted to dip into it.
- Micro-savings apps. Apps that

round up your purchases and stash the change can add up surprisingly fast.

**Think of it this way:** if you saved just \$5 a day (about the cost of a coffee or a snack) you'd have \$150 by the end of the month. Stretch that out, and in just over three months you'd hit a \$500 cushion. That's enough to cover most small emergencies, and it's a huge step toward peace of mind.

So here's my challenge: start building your \$500 emergency fund today. It doesn't have to be perfect, and it doesn't have to be fast. But every dollar you put aside is a dollar that has your back when life doesn't go as planned.

Editor-in-Chief Isabelle Holt  
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# Opinion

## Mayo Clinic named “World’s Best Smart Hospital”

D. Esposito  
Staff Contributor

Mayo Clinic, in Rochester, New York has been named the number one “smart hospital”. Newsweek recognizes 350 hospitals that span across 30 countries as leaders in digital innovation, however, Mayo Clinic has been named the best. They were recognized for the use of artificial intelligence, new patient safety technology, telemedicine, and robotic medicine. This type of innovation is what is going to carry medicine into the future.

The addition of artificial intelligence into the practice of medicine has begun a healthcare revolution. Mayo Clinic uses artificial intelligence to match their patients with clinical trials that will best suit them, develop new and improved health-monitoring devices, and to also advance their imaging technology; which can lead to early detection of diseases and anticipate the risk for certain conditions years in advance. This is huge for the medical field.

Mayo Clinic is committed to using artificial intelligence to better the society around them. They aim at finding solutions to today’s most challenging medical mysteries and developing less invasive and harmful treatment plans for patients. Data researchers and clinicians have teamed up in order to apply artificial intelligence to large sets of patient data in hopes of achieving new medical insights that humans would not be able to reach on their own.

While artificial intelligence is still a brand new addition to medical science and it is not currently used everywhere, the advancements that we can already see happening are life changing. Artificial intelligence can and will be a huge benefit to all of the medical field once more places begin to adopt the practice.

D. Esposito



Ft. D. Epositos HedgeHog (Petunia)

## The Perfect Apartment Pet

### A Cute, Loveable Friend

D. Esposito  
Staff Contributor

Are you not allowed to have dogs or cats in your college apartment? Have you considered getting a hedgehog? No? Well you should! The spikier, pint-sized companion has recently been stealing hearts.

Hedgehogs are very unique animals that combine adorable looks with equally fascinating behaviors. While the small mammals do have quills like a porcupine, they can not shoot their quills, making them safe to keep as a pet. Once they warm up to their owner, gentle handling can help create a loving bond.

As pets, hedgehogs have several advantages. They are relatively low-maintenance compared to larger

animals, requiring a modest enclosure, a balanced diet of insects and high-protein cat food, and regular but brief socialization. For the most part, hedgehogs can keep themselves occupied. They tend to spend most of their days sleeping, and their nights awake as they are nocturnal. During their busy nights, hedgehogs like to run on wheels, sometimes doing upwards of 4 miles per night! They like to dig for insects in foraging boxes and some even like to play in the sand.

Their quiet nature also makes them appealing to college students or non-students who live in an apartment who want companionship without the noise of barking or meowing. Many hedgehog owners describe them as curious yet shy, with personalities that emerge once they feel secure with their owners and living space.

Hedgehogs continue to rise in popularity, with their one-of-a-kind (and adorable) appearance and quirky habits, hedgehogs are proving to be the perfect pet for a college apartment. I might be biased, but getting a hedgehog was one of the best decisions I have ever made.

D. Esposito

## Weekly Scoop: Places to Grab a Bite to Eat Near Campus That Won’t Break the Bank

D. Esposito  
Staff Contributor



Here’s a comprehensive-ish list of places to eat close to campus that won’t cost you an arm and a leg!

### Bon Appetit Cafe

Looking for some homemade Mediterranean and Egyptian food? Look no further. Bon Appetit Cafe, on Wolf Road in Albany, offers a wide selection of breakfast, lunch, desserts, drinks, and sides to satisfy your hunger. They offer sandwiches, pasta dishes, salads, gyros, pastries, and so much more.

### Pizza 88

You can find Pizza 88 on 15th St in Troy. They offer many different kinds of pizzas, ranging from plain cheese, to any topping you could imagine. You can pair your pizza with a side of your choice, including mozzarella sticks, chicken tenders, fries, mac and cheese, and even more! If you are not feeling pizza, they have a handful of Mediterranean food as well. If you are not in the mood for savory, they offer sweet crepes, including chocolate Nutella, fruit, etc.

### Famous Lunch

Famous for their hotdogs, Famous Lunch is located on Congress Street in Troy, and they serve breakfast, lunch, dessert, and sides. Eggs, pancakes, hamburgers, sandwiches, pie, coffee, and of course... famous hotdogs! People also love this restaurant for its atmosphere, bringing both upbeat and cozy vibes to the area.

### La Capital Tacos

With three locations in the capital region, Mexican cuisine is available right at your finger tips. The closest location is on 4th Street in Troy, and they offer award winning tacos, burritos, and quesadillas. If you’re gluten free, you can still enjoy a flight of any of their tacos, as they are all made on gluten free corn tortillas.

-D. Esposito

# Value for Vikings

Molly Graiff  
Staff Writer

## Walmart & Student

Convenience is crucial for college students. With a busy schedule, it's hard to carve out time to visit the grocery store. Walmart + Student offers an exclusive discount for students with 50% their monthly and annual subscriptions, but is it worth the price?

A few perks to the free returns from your reduced price stream- for orders over \$35. exactly sound cheap, discount, it would be that this service would worth the price, but shorter commitment the 1-month subscrip- month will allow you see if it gives you bang love it, the yearly plan compared to paying

While Walmart + great option for busy er free ways to skip the is a free service for or- allows you to place your order online and pick it up outside the store. By stating your parking spot number, an associate will deliver your order to your car, making this a quick and efficient way of shopping.



subscription include home, discounted gas, ing, and free deliveries \$98 for a year doesn't but with the student \$49 a year. If you know benefit you, it may be if you're looking for a time, you may consider tion. \$6.47 for one to test the waters and for your buck. If you saves you \$28.64 a year monthly.

Student sounds like a students, there are oth- line. Walmart Pickup ders \$35 and over that

If you do most of your grocery shopping at Walmart and are struggling with making time to get there, Walmart + Student may work well for you! Visit Walmart + Student's page to learn more.

# Prominent Debator Charlie Kirk Fatally Shot

Turning Point USA Founder killed during university event.

Saima Syeda  
Managing Editor

On September 10th, 2025 Charlie Kirk was shot while giving a speech to an audience at Utah Valley University. The suspect of killing Charlie Kirk is Tyler Robinson and he was charged on seven counts today making prosecutors say they will seek the death penalty. The suspect confessed in a series of messages to his roommate confessing the attack. Robinsons mother said the suspect had become more political and leaned left the article stating "becoming more pro-gay and trans-right oriented." Robinson began to date his roommate and his mother stating "He began to date his roommate, a biological male who was transitioning genders." The FBI is interviewing more than 20 people who participated in an online group chat with Robinson. Robinson faces charges for aggravated murder, two counts of obstruction of justice and felony discharge of a firearm causing serious bodily injury, two counts of witness tampering and com-

mission of violent offense in the presence of a child. The bullet that struck Charlie Kirk narrowly missed several other individuals and the bullet that hit Kirk along with the casing of other bullets had engravings on the shell referencing memes.



## The Hudsonian

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Letters to the Editor  
Letters can be delivered to CTR 291 or emailed to hudsonian@hvcc.edu. Letters will be edited for grammar, style, libel and length.

To join The Hudsonian, attend our weekly meetings on Mondays at 2 p.m. in ADM 105 and by appointment, drop by CTR 291 (Hudsonian Newsroom).

## The Bulls Pull Off a Miracle Finish

D. Esposito  
Staff Contributor

With five minutes remaining in the Bills versus Ravens game held at Highmark Stadium last Sunday, the Bills were losing 25 to 40. Fans were seen upset and leaving the stadium early, ready to get back to their cars and do their best to avoid the flood of traffic that was about to begin. Unfortunately for the fans that left early, the game was about to do a complete 180. Within those last five minutes of game play, the Bills scored 16 points and ended up winning their home opener 41 to 40.

This was the Bills' last home opener in their current stadium. Next season, they will be playing at their new stadium across the street, conveniently named "New Highmark Stadium." The new stadium will make gameplay easier



for all teams involved, as it will be partially covered. This means that any weather (like wind, rain, or snow) will be much more limited inside of the stadium, and on the

### Fans Witness one of the most thrilling victories in franchise history

field. It is not completely covered so there will still be some weather than gets in, but it will be a significant change. The stadium is not getting a full covering because as the bills' team and officials have said, the snow is their thing! And playing in the snow gives the Bills an advantage over the teams that are not able to practice or play that much in the snow. The partial cover is a huge win for the fans. It will take the hit from the harsh winds, keeping the fans significantly

warmer during the cold and snowy winter games.

D. Esposito



Buffalo Bills quarterback Josh Allen (17). Mandatory Credit: Gregory Fisher-Imagn Images

## HVCC Sports Weekly Recap

CJ Karathomas  
Staff Writer

**As we are a few weeks into the semester, fall sports are in full swing. Here is a recap of how HVCC sports have performed.**

**HVCC Women's Volleyball has started the season on fire!**

Woman's Volleyball at HVCC has started the season 11-0, after their two wins over Fulton-Montgomery Community College and Jefferson Community College on Saturday. This hot start for the team has led to being ranked No. 1 in Region III and No. 10 in the NJCAA DIII national rankings. With 10 games left this season, they have a chance to improve upon their 15-8 record from last season. Their next game is Tuesday September 23rd at Mohawk Valley Community College. It will start at 6:00 PM.

**HVCC Men's Football lose their Homecoming game in the 4th quarter.**

HVCC Football's Homecoming game against Nassau Community College got off to a 14-0 lead in the 1st quarter. HVCC started to struggle though, as they went into the 4th quarter only leading 14-12. NCC took over in the 4th quarter and unfortunately beat HVCC 22-14. HVCC started the year with two

great home wins, before losing their last two games. While the loss on Homecoming night isn't ideal, they have enough time to right the ship. With 6 games left in the season, HVCC looks for redemption this Saturday September 27th, as they go against Erie Community College on our campus at 12:00 PM. **HVCC Men's and Women's Cross Country place 2nd overall HVCC Men's and Women's Cross Country both were runner ups at the Bruce Bridgeman Invitational on Saturday September 13th**

Starting with the men's 8k race, they showed up. Seven runners placed with under 45-minute times, with three of those seven finishing with under 33-minute times. Switching to the women's 5k race, they matched the high performance of the HVCC men's team. They had seven runners finish with under 30-minute times. With both of these squads placing close to 1st place, they continue to start the season on a high note. If they continue this high-quality output, they will have the chance to make some noise in the NJCAA Region 3 Tournament coming up in October.

## Upcoming Games This Week

Tuesday, September 23th

Women's Volleyball vs Mohawk Valley Community College  
6:00pm at Mohawk Valley Community College.

Wednesday, September 24th

Men's Soccer vs Fulton-Montgomery Community College  
4:00pm at Fulton-Montgomery Community College

Saturday, September 27th

Women's Volleyball vs Genesee Community College  
TBA at Jamestown Community College

Women's Volleyball vs Jamestown Community College  
10:00am at Jamestown Community College

Women's Cross Country  
10:00am at Wildcat Short Court

Men's Cross Country  
10:00am at Wildcat Short Court

-D. Esposito  
Staff Contributor

## Did you know?

Work published in The Hudsonian earns you \$\$\$!

\$25- Articles >250 words

\$10- Articles <250 words

\$10- Photo / artwork

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# Arts & Life

## Behind the Headphones

*An inside look into student's diverse music choice*

**Samarun Suhana**

Copy Editor

Hello, students of HVCC! We are beginning a new segment in the paper called “What are you listening to?” where I ask people on campus what they’re listening to.

This week’s “What are you listening to?” I talked to Saima, one of the staff on the team as I saw her jamming out to a song. She told me she was listening to FaSHioN by CORTIS. This song emphasizes how you don’t need expensive clothes to look good, you need confidence. It starts out with Keonho rapping “My tee, five bucks, my pants, 10,000 won,” which is about \$7 USD. A lyric about the inflation of practically everything, “Foreign money talk, exchange rate daily up,” they continue with lots of talk of thrift shops to make it known that you don’t need much to be a trendsetter, to “make fashion.”

After talking to Saima to see what her thoughts were on the song, one thing was very evident: she was excited to see what CORTIS will bring to the table next. This group having just debuted in mid-late August, she says that this comeback



and song are like a “fresh and new beginning.” Finding confidence in yourself can be incredibly hard and can take what feels like forever, but it varies person to person. Something that has worked for me personally, is faking it till you make it. As this song is about being confident in what you are in the present, she says that “everyone’s a diva,” and I stand by her words. Tune back in next week and stay sassy, divas!

## Cabin Fever

By M.M. Stephens

